

PROGRAM DESCRIPTIONS FOR JUNE

- ◇ **Baby Beginnings:** ages 0-18mths. A time for new parents to visit with one another and get some peer support. EarlyON staff and visiting professionals such as an NWHU Nurse, Lactation Consultant and staff from KACL Children's Services are available to answer questions and provide resources about child development. The scale and measuring equipment is here weekly to track your child's growth.
- ◇ **Outdoor Event at Garrow Park:** ages 0-6yrs. Meet us for a Storywalk at the Rabbit Lake Trails, then stay for some active play at the park and snacks. We're partnering with Ne-Chee Indigenous EarlyON and the CAPC-CPNP Program. So come on out, the more the merrier!
- ◇ **Music and Movement:** ages 2-4yrs. This group features a circle time of active songs, rhymes and musical exploration, an art experience, group snacktime and free play. **Please call 467-5530 to register** for this program, as space is limited. Participants register for one week at a time, on a first come first served basis. Please Note: A Certified Therapy Dog will be in attendance at the June 5 session.
- ◇ **French Fun:** ages 0-6yrs. This group is for our Francophone families, or those hoping for more French language exposure. It will include singing, stories, an art activity, light snacks and free play. The idea is to expose children to as much French as possible, through conversing in French with one another and through a completely French circle time. No registration required.
- ◇ **Toddler Hour:** ages 12-23 mths. If your child is aging out of Baby Beginnings but not old enough for Thursday's structured group, this is the program for you! Some young-toddler activities will be available in a less-formal format, including songs, stories, dancing, art and sensory play. Come prepared for your child to get messy while they explore. No sign up required. Once a month, staff from KACL's Children's Services will visit to bring information about child development and parenting.
- ◇ **Drop In Visits:** ages 0-6 yrs. These are times when you can pop in to play, do crafts, feed your baby, chat with other families, etc.
- ◇ **Stroll n Roll:** ages 0-6yrs. We meet at the Harbourfront Entrance to the Library, and head out for a walk towards Huskie the Musky, returning to the Centre for some visiting, playtime and light snacks. Strollers, bicycles, scooters, etc are welcome. Please arrive promptly, as we will leave on the walk at 10:00.

Please note: all activities at the EarlyON Centre are free of charge and require parent/caregiver participation



Market Day Drop Ins will start on Wednesday, June 18th. Come visit us across the street from the Tent to feed or change your baby, have a break from the sun, play with some toys, etc.
9:00-12:00 and 1:30-4:30

