

PROGRAM DESCRIPTIONS FOR APRIL

- ◇ **Baby Beginnings:** ages 0-18mths. A time for new parents to visit with one another and get some peer support. EarlyON staff and visiting professionals such as an NWHU Nurse, Lactation Consultant and staff from KACL Children's Services are available to answer questions and provide resources about child development. The scale and measuring equipment is here weekly to track your child's growth.
- ◇ **Songs and Stories:** ages 2-4yrs. This group includes a Circle Time of songs, stories and rhymes, followed by an art activity, group snack and some free play time. **Please call 467-5530 to register** for this program, as space is limited. Participants register for one week at a time, on a first come first served basis.
- ◇ **French Fun:** ages 0-6yrs. This group is for our Francophone families, or those hoping for more French language exposure. It will include singing, stories, an art activity, light snacks and free play. The idea is to expose children to as much French as possible, through conversing in French with one another and through a completely French circle time. No registration required.
- ◇ **Toddler Hour:** ages 12-23 mths. If your child is aging out of Baby Beginnings but not old enough for Thursday's structured group, this is the program for you! Some young-toddler activities will be available in a less-formal format, including songs, stories, dancing, art and sensory play. Come prepared for your child to get messy while they explore. No sign up required. Once a month, staff from KACL's Children's Services will visit to bring information about child development and parenting.
- ◇ **Drop In Visits:** ages 0-6 yrs. These are times when you can pop in to play, do crafts, feed your baby, chat with other families, etc.
- ◇ **Stroll n Roll:** ages 0-6yrs. We meet at the Harbourfront Entrance to the Library, and head out for a walk towards Huskie the Musky, returning to the Centre for some visiting, playtime and light snacks. Strollers, bicycles, scooters, etc are welcome. Please arrive promptly, as we will leave on the walk at 10:00.

Please note: all activities at the EarlyON Centre are free of charge and require parent/caregiver participation

Kids in the Kitchen

Homemade Dog Treats
Therapeutic Paws of Canada Session
Ages 2.5-4yrs.
Thursday, April 3
10:00 to 11:15am

This will be similar to our regular Thursday group, but there will be a Certified Therapy Pet visitation as well. The Therapy Dog will be available for some one on one time following the group activity. Call 467-5530 to register. Spaces are limited.



April is Dental Health Month! Pop in all month to play and take home some giveaways, colouring sheets, and dental health info!

We can't wait to see your toothy grin!

