



Child and Family Centre

**KENORA**

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FIREFLYEarlyONKenora



**APRIL 2024**

### Program Descriptions for April (see calendar for dates/times)

- ◇ **BABY BEGINNINGS:** ages 0-18mths. A time for new parents to chat with one another and get some peer support. EarlyON staff and visiting professionals such as an NWHU Nurse and staff from KACL Children's Services are available to answer questions and provide resources about child development. The scale and measuring equipment is here weekly to track your child's growth. No registration required.
- ◇ **MUSIC AND MOVEMENT:** ages 2to 4yrs. We start by gathering on the carpet for a circle time that involves active songs, movement activities, dancing and music. We follow it up with an art activity and a group snack. There is also time for free play. **Please call 467-5530 to register** for this program, as space is limited.
- ◇ **TODDLER HOUR:** ages 12–23 mths. If your child is aging out of Baby Beginnings but not old enough for Thursday's structured group, this is the program for you! Some young-toddler activities will be available in a less-formal format, including songs, stories, dancing, art activities and sensory play. Come prepared for your child to get messy while they explore. No sign up required.
- ◇ **TOOTH FAIRY FUN:** Twice during the month of April, a Dental Educator from the Northwestern Health Unit will visit to answer questions about your child's dental health, offer fluoride varnish, and bring some fun dental-related activities! She is also running a colouring contest during the month. Beginning April 3, you can pick up your colouring sheet at the Centre. Please see the calendar for dates and times of the "Tooth Fairy" visits. She will visit once during Toddler Hour for children 12-23mths and once during Drop In play for all other ages.
- ◇ **OPEN GYM:** ages 0-6yrs. Come out to King George VI School for some active play. Great way to burn off some energy!
- ◇ **DROP IN VISITS:** ages 0-6yrs. These are times when the Centre is open for families to come in and play with our selection of toys, explore with our art supplies, play and chat with other families, feed/change babies, and so on. Coffee, tea and conversation are also available!

\*\*\*Please note: all activities at the EarlyON Centre are free of charge and require parent/caregiver participation\*\*\*

April is Dental Health Month! Here's a short song you can sing with your child to make tooth brushing more fun:(tune of Jingle Bells)

Brush your teeth,  
Brush your teeth,  
Give your teeth a treat.  
Brush up and down and all around  
To keep them clean and neat.  
Brush them once, brush them twice,  
Brush three times a day.  
Brush up and down and all around,  
Keep cavities away!



**Earth Day is  
April 22**

**FRIDAY, MARCH 22 from 10-12, drop by the Centre to learn about the Ontario Autism Program. Meghan Phillips, ASD Support Worker with FIREFLY, will be available to provide information about topics such as: funding applications and other supports, what the Ontario Autism Program is, FIREFLY's services for children with ASD, and more. Come and go, it is not a formal presentation. Children can play in our safe environment while you get your questions answered!**